## Saleema Noon body science<sup>™</sup>

Dear Parents/Guardians of Aubrey Elementary School,

Each year, students in all elementary grades throughout BC receive instruction in sexual health education. This information is included in the Physical and Health Education program mandated for all BC students by the Ministry for Education. From time to time, schools bring in experts in the field to address this topic with the school community. We are excited to inform you that this year our Aubrey PAC is sponsoring Saleema Noon Sexual Health Educators who will be visiting our school to work with parents and students in **K to Grade 7**.

In their Body Science presentations, Saleema Noon and her team of experienced educators work with children of all ages, teaching them about healthy bodies and healthy sexuality in ways they find non-threatening and entertaining. In their own language, children learn about how their bodies change, and what those changes mean.

Please join us for an informative **Parents Workshop** via Zoom on Wednesday, November 8th **6:30-8pm via Zoom**.

Join Zoom Meeting https://sfu.zoom.us/j/86440004617?pwd=yyJ8g2KpsgUW8R0GbVLbUamXwiCaGM.1 Meeting ID: 864 4000 4617 Password: 423554

In this session, Saleema or a member of her team will give an overview of student presentations and, using humor and straight talk in an open and interactive environment.

**Student sessions will take place in person during the school day on November 14<sup>th</sup> and 15<sup>th</sup>.** The content of the presentations is supported by current research as being age appropriate. Some of the topics Saleema Noon Sexual Health Educators cover in their workshops extend beyond the content of the BC Physical and Health Education curriculum. For this reason, parents may choose to have their children OPT OUT of the Body Science workshops. If you do not wish your child to attend, we ask that you notify your classroom teacher by <u>Friday, November 10<sup>th</sup></u>. Attendance at the parent presentation before making this decision is strongly encouraged.

Sincerely,

Lísa Hartman Principal

