



ÉCOLE AUBREY ELEMENTARY SCHOOL CROSS COUNTRY TEAM

Dear Parents and Guardians of Grades 4, 5, 6, and 7 students,

We are pleased to see that your child has shown interest in participating on Aubrey’s Cross Country Team! Joining Cross Country is an excellent opportunity for your child to develop their athleticism, sportsmanship, communication skills, and respect for others.

All players are expected to attend morning practices and afterschool Cross Country meets with proper P.E. clothing, appropriate footwear, and a positive attitude. Our team practices will be Tuesday and Thursday mornings from 8:15am-8:45pm rain or shine. Your child should meet the coaches on Aubrey’s upper gravel field for practice in weather appropriate clothing and proper footwear for running. In addition to practicing this year, we are very fortunate to have Cross Country Meets at Burnaby Lake East Sports Complex where we will compete against other Burnaby School District schools.

CROSS COUNTRY MEETS (*All events will be at Burnaby Lake East Sports Complex)

- Thursday, September 21, 2023 from 3:30-4:30pm
- Thursday, September 28, 2023 from 3:30-4:30pm
- Thursday, October 5, 2023 from 3:30-4:30pm
- Thursday, October 12, 2023 from 3:30-5:30pm (Awards Meet)

If you have any questions, please contact us at the school at 604 296 9001 or ask your child to connect with one of the coaches. Please return the permission form below ASAP so that we may arrange drivers.

Mme. Herdman and Mrs. Green
Aubrey’s Track Coaches

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Player’s Name: _____

I give consent for my child, _____, to participate on Aubrey’s Cross Country Team.

Parent or Guardian Name _____

Parent or Guardian Phone Number: _____

Parent or Guardian Signature _____

_____ I can drive a group of Cross Country team members to our Cross Country Meet on Thursday, September 21, 2023 from 3:30-4:30pm. I have space & seatbelts for _____ players. I understand that I am responsible for driving students back to Aubrey.

_____ I can drive a group of Cross Country team members to our Cross Country Meet on Thursday, September 28, 2023 from 3:30-4:30pm. I have space & seatbelts for _____ players. I understand that I am responsible for driving students back to Aubrey.

_____ I can drive a group of Cross Country team members to our Cross Country Meet on Thursday, October 5, 2023 from 3:30-4:30pm. I have space & seatbelts for _____ players. I understand that I am responsible for driving students back to Aubrey.

_____ I can drive a group of Cross Country team members to our Cross Country Meet on Thursday, October 12, 2023 from 3:30-5:30pm (Awards Meet). I have space & seatbelts for _____ players. I understand that I am responsible for driving students back to Aubrey.

_____ I am unable to drive a group of Cross Country team members to our Cross Country Meets